

## Additional Competency Of Manual Medicine Accepted In Europe

FIMM's recently approved [Guidelines for Basic Training & Safety](#) in Manual Medicine have influenced the European standard set by the Union Européenne Des Médecins Spécialistes as a benchmark for recognizing [ADDED COMPETENCY](#) by European specialists who integrate Manual Medicine. There will be a minimal requirement of 30 ECTS needed to meet this benchmark.



## FIMM National Societies Offer Manual Medicine Hands-On Training Workshops

There are many schools of manual medicine. FIMM does not endorse one over another. The following courses however are offered by FIMM National Societies; each adhering to the standards set by that National Society. See [Society Links](#) & their calendars for more Course Offerings. You & the Societies are encouraged to consider FIMM's [Guidelines for Basic Training & Safety](#) in MM.

### MANUAL MEDICINE INTRODUCTORY COURSES OFFERED (Sample)

- [Grundkurs I und Prinzipien der Manuellen Medizin \(Bad Füssing, GERMANY\): July 20-24, 2016](#) - Einführung in die Grundlagen und Prinzipien der Manuellen Medizin: Stellenwert manueller Untersuchungs und Behandlungsformen im bio-psycho-sozialen Modell; Palpationstraining; Schmerzphysiologie; Muskelphysiologie; Untersuchung und Behandlung von Hüftgelenk, SIG und Beckenring – Offered by the DSMGM of the DGMM (Germany)
- [Introduction to Osteopathic Manipulative Medicine \(Ft Worth Texas, USA\): June 16-19, 2016](#) – Design focus for MDs. Includes principles of palpatory diagnosis & osteopathic MM as applied to both adult and pediatric patients. Hands-on learning of selected muscle energy; thoracic spine; articulatory; functional; joint play; myofascial release; and high-velocity, low-amplitude thrust techniques. (28 hours credit) – Offered by the AAO (USA).

### MANUAL MEDICINE COURSES FOR MM PHYSICIANS (Sample)

- [Introduction to Osteopathic MM & Counterstrain I \(Isny in English Isny June 16-21; Bad Iburg in German Sept 1-6\)](#) - Der Einführungskurs beschäftigt sich mit der Geschichte, den Prinzipien und der Philosophie der Osteopathie. Er gibt Auskunft über den Stellenwert osteopathischer Medizin im Kontext Manueller Medizin in Deutschland, führt ein in die osteopathische Terminologie und Befunderhebung, schärft die palpatorischen Fähigkeiten und gibt eine kurze Übersicht über verschiedene Techniken in der Osteopathie. **UND** Von L. Jones entwickelte Weichteiltechnik unter Verwendung sog. Tenderpunkte, die durch exakte Einstellung und Haltung zur Auflösung gebracht werden. Dadurch kommt es zur Lösung schmerzhafter Muskeldysfunktionen des gesamten Bewegungsapparats. Diese Technik ermöglicht einen sanften Zugang zur Behandlung von Funktionsstörungen auf skeletaler, muskulärer und ligamentäre sowie viszeraler Ebene. – Offered by the DAAO/MWE of the DGMM (Germany)

## Programs Emphasizing Application of Manual Medicine

[Walking Toward Health: New Evaluations in Gait](#) (Indianapolis Indiana, USA) July 29-31, 2016 - Hands-on workshop combines clinical perspectives with pelvic models (floating compression & Mitchell axes) for a comprehensive understanding of gait mechanics. Course moves beyond traditional MM approaches to address persistent gait dysfunctions.



## FIMM Member & Co-Sponsored Conferences

2016 is the European & Global Year against Joint Pain. To this end FIMM is co-sponsoring the [1st Topical Seminar on the theme of Acute and Chronic Joint Pain](#) organized by the European Pain Federation (EFIC). EFIC has invited FIMM speakers to Dubrovnik CROATIA September 21-23, 2016 to present the role of manual medicine in the diagnosis & management of joint pain. **Members of FIMM societies have discounted tuition.**