



FIMM to Conduct Hands-On MM Workshop

Internationally-recognized educators from FIMM will conduct a hands-on Manual Medicine [Instructional Course/Workshop](#) following the triennial [International FIMM Scientific Congress](#) (both held in conjunction with the host Bulgarian Society of Manual Medicine). In the course (18-19.9.2016) participants will:

- Learn the neurophysiological approach to manual and musculoskeletal medicine;
- Learn diagnostic procedures of the cervical, thoracic, lumbar and sacroiliac areas;
- Experience therapeutic approaches in anatomically oriented workshops; and
- Practice therapeutic techniques useful in common practice in MM Medicine.

Interested members of the FIMM Community may [register here](#).



FIMM National Societies Offer Manual Medicine Hands-On Training Workshops

There are many schools of manual medicine. FIMM does not endorse one over another. The following courses however are offered by FIMM National Societies; each adhering to the standards set by that National Society. Those courses made known to us are listed on [The FIMM Community](#) calendar. See [Society Links](#) & their calendars for more Course Offerings.

MANUAL MEDICINE INTRODUCTORY COURSES OFFERED (Sample)

- [Grundkurs I und Prinzipien der Manuellen Medizin \(Bad Füssing, GERMANY\): July 20-24, 2016](#) - Einführung in die Grundlagen und Prinzipien der Manuellen Medizin: Stellenwert manueller Untersuchungs und Behandlungsformen im bio-psycho-sozialen Modell; Palpationstraining; Schmerzphysiologie; Muskelphysiologie; Untersuchung und Behandlung von Hüftgelenk, SIG und Beckenring - Offered by the DSMGM of the DGMM (Germany)

MANUAL MEDICINE COURSES FOR MM PHYSICIANS (Sample)

- [Introduction to Muscle Energy Manual Technique \(Isny in German July 24-26; Bad Iburg in English October 23-25\)](#) - Bei der MET erfolgt die Behandlung von Dysfunktionen durch aktive Muskelanspannung des Patienten, in der Regel nach Positionierung an die Barriere, gelegentlich auch nach Positionierung in die freie Richtung. Die zugrunde liegenden physiologischen Prinzipien sind die postisometrische Relaxation und die reziproke Inhibition. Die MET wurde von Fred Mitchell Sr., DO entwickelt.. – Offered by the DAAO/MWE of the DGMM (Germany). Note that both courses are preceded by a 20-hour additional course in Myofascial Release & Lymphatic Techniques at the same site by the MWE/DAAO.

Programs: Application of Manual Medicine

[1st International Symposium on Coccyx Disorders](#) (Paris FRANCE) July 8-9, 2016 – Lecture format (English) coordinated by J-Y Maigne, MD with international speakers covering differential diagnosis and care of coccydynia ranging from history & clinical imaging to treatment approaches with manual medicine, injections or surgery. **Plus 4 hands-on workshops.**

[Walking Toward Health: New Evaluations in Gait](#) (Indianapolis Indiana, USA) July 29-31, 2016 - **Hands-on workshop** combines clinical perspectives with pelvic models (floating compression & Mitchell axes) for a comprehensive understanding of gait mechanics. Course moves beyond traditional MM approaches to address persistent gait dysfunctions.



FIMM Member & Co-Sponsored Conferences

[Calendar](#)

2016 is the European & Global Year against Joint Pain. To this end FIMM is co-sponsoring the [1st Topical Seminar on the theme of Acute and Chronic Joint Pain](#) organized by the European Pain Federation (EFIC). EFIC has invited FIMM speakers to Dubrovnik CROATIA **September 21-23** to present the role of manual medicine in the diagnosis & management of joint pain. **Members of FIMM societies have discounted tuition.**