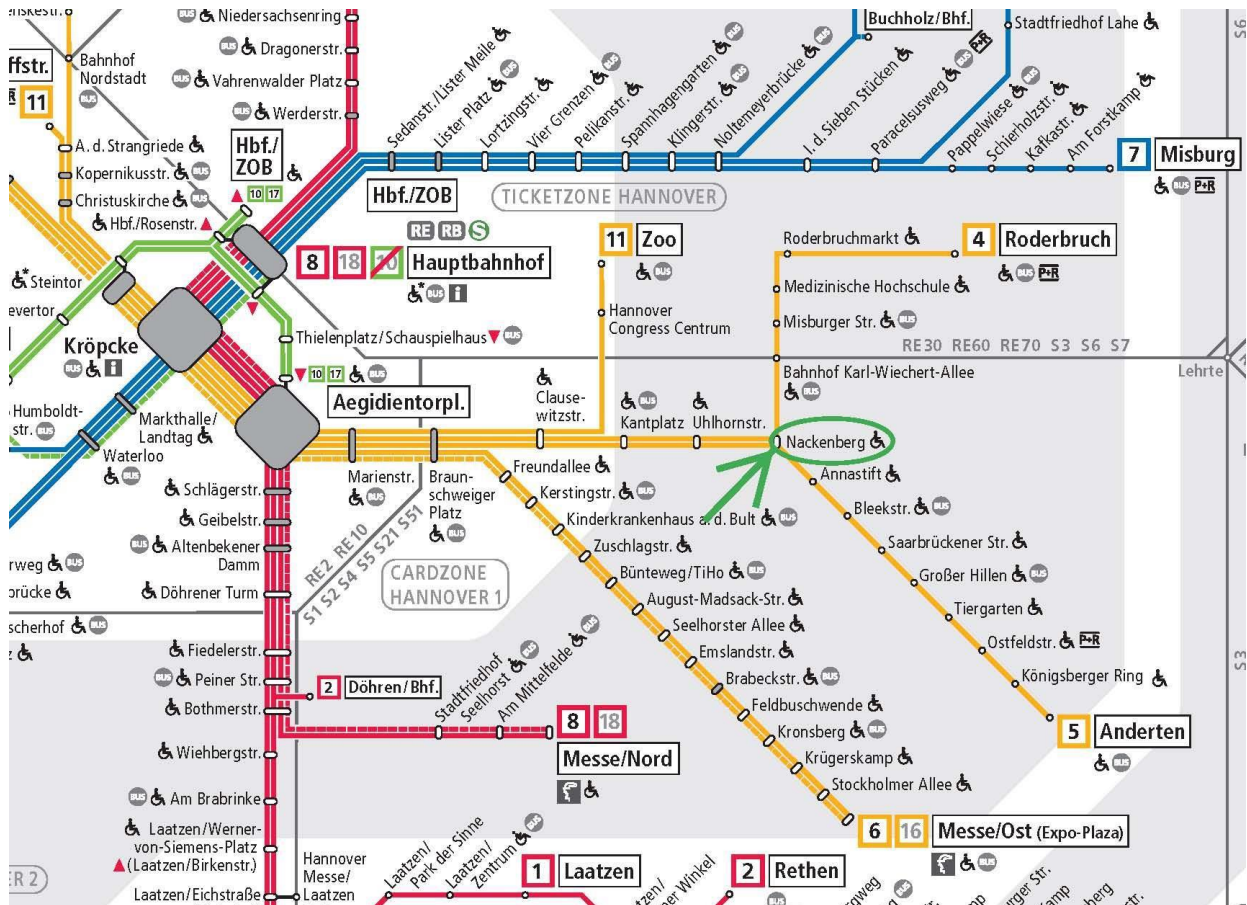


## Directions

The Stephansstift Centre for Adult Education is easy to reach by all means of transport. We recommend that you use public transport. From the main railway station, the journey time by underground to Stephansstift is approx. 25 minutes.

This is how you can get to us quickly and conveniently:

### Arrival by underground



At the main station, take the underground **line 1 Laatzten/Sarstedt**, **line 2 Rethen** or **line 8 Messe/Nord** and get off at the Aegidientorplatz stop. There you change to the underground **line 4 Roderbruch** or **line 5 Anderten** at the platform directly opposite. The stop "Nackenberg" is announced in the underground. When you leave the city, you will find the signposted entrance to the Stephansstift on your right. When buying a ticket from the ticket machine, it is sufficient to choose 1 tariff zone!

Further information can be found at the Internet address: [www.uestra.de](http://www.uestra.de)

### Arrival from Hannover-Langenhagen Airport

From airport terminal C, arrivals level, take the S-Bahn in the direction of Hannover Hbf. (trains run every 30 minutes).

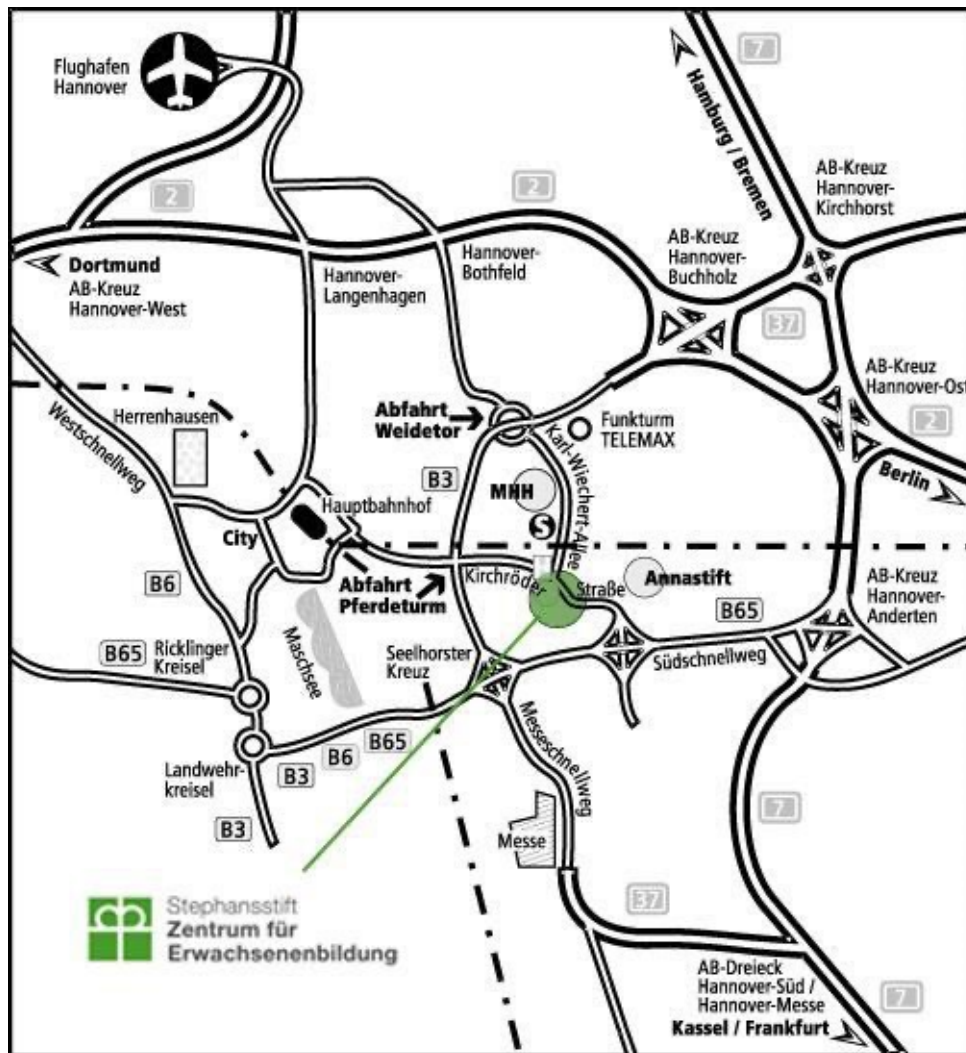
For the onward journey from the main railway station, please follow the above directions by underground.

## Directions

### Arrival by car

Attention! Since 01.01.2008, driving bans for motor vehicles with high particulate emissions have been in force in the city centre of Hannover. The Centre for Adult Education is not located in this zone! Further information on the environmental zone can be found on the internet at:

[http://www.hannover.de/de/umwelt\\_bauen/umwelt/lulaestr/luft/luft\\_rein/umw\\_zone/index.html](http://www.hannover.de/de/umwelt_bauen/umwelt/lulaestr/luft/luft_rein/umw_zone/index.html)



#### From the north:

Motorway A7 to motorway junction Hannover-Kirchhorst (exit no. 56).

There, take the Messeschnellweg in the direction of Hannover Zentrum or Messe until you reach the "Pferdeturm" exit. Turn left here in the direction of Kleefeld; then keep right into "Kirchröder Straße" in the direction of "Fernverkehr" (follow the tram tracks!) until you reach the "Nackenberg" tram stop. The signposted access road to the Stephansstift is on the right when leaving the city.

#### From the east or west:

Take the A2 motorway to the Hannover-Buchholz junction (exit no. 47).

Turn off in the direction of Hannover-Zentrum or Messe, Messeschnellweg to the "Pferdeturm" exit. Turn left here in the direction of Kleefeld; then keep right into "Kirchröder Straße" in the direction of "Fernverkehr" (follow the tram tracks!) until you reach the "Nackenberg" tram stop. The signposted access road to the Stephansstift is on the right when leaving the city.

#### From the south:

Motorway A7 to exit Hannover-Süd/ Hannover-Messe (exit no. 60).

Take the Messeschnellweg to the "Pferdeturm" exit. Turn right here in the direction of Kleefeld; then keep right into "Kirchröder Straße" in the direction of "Fernverkehr" (follow the tram tracks!) until you reach the "Nackenberg" tram stop. The signposted access road to the Stephansstift is on the right, heading out of town.