



Fédération Internationale de Médecine Manuelle  
International Federation for Manual/Musculoskeletal Medicine  
Internationale Gesellschaft für Manuelle Medizin

In conjunction with the  
Bulgarian Society of  
Manual Medicine BSMM

Final Announcement

## **16<sup>th</sup> FIMM International Scientific Conference 2016**

In conjunction with the Bulgarian Society of Manual Medicine

Medical University of Varna — Faculty of Medicine — Bulgaria

16<sup>th</sup> International Scientific Conference: September 17, 2016

2<sup>nd</sup> International Instructor Course: September 18-19, 2016

1<sup>st</sup> International Course in Manual/Musculoskeletal Medicine:  
September 18-19, 2016

## **More Science – Less Pain**

Hosted by the International Federation for Manual / Musculoskeletal Medicine FIMM  
In conjunction with the Bulgarian Society of Manual Medicine BSMM

Organizer: **International Federation for Manual/Musculoskeletal Medicine FIMM**  
**In conjunction with the Bulgarian Society of Manual Medicine BSMM**

More Information: [www.fimm-online.com](http://www.fimm-online.com)



## Final Program

Saturday, September 17, 2016		
08:00 – 08:45	Registration and coffee	
08:45 – 09:00	Welcome Greetings Prof. Dr. Krasimir Ivanov, Rector of the Medical University of Varna Dr. Todor Todorov, President of the Bulgarian Society of Manual Medicine BSMM, Bulgaria Dr. Simon Vulfsons, President of the International Federation of Manual Medicine FIMM, Israel	
09:00 – 09:30	Wolfgang von Heymann: <i>Headache – Recent research results.</i>	
09:30 – 10:00	Michael L. Kuchera: <i>Research perspectives: Cervical palpatory diagnosis and treatment.</i>	
10:00 – 10:30	Daphne C. Rohrich: <i>Physicians specialized in spinal manipulative treatment in the Netherlands – A description of their characteristics and patients.</i>	
10:30 – 11:00	Coffee break	
11:00 – 11:20	Marc-Henri Gauchat: <i>Pitfalls in Manual Medicine.</i>	
11:20 – 11:40	Nadezhda A. Krasnoyarova: Osteopathic and manual correction of biomechanical disorders as a rational method of elimination of pain syndromes.	
11:40 – 12:00	Simon Vulfsons: <i>CRPS and surprising reactivity to dry needling.</i>	
12:00 – 12:20	Ilya Todorov: <i>The sacroiliac joint dysfunction - clinical findings and manual therapeutic approach.</i>	
12:20 – 12:40	Negev Bar: <i>Manual Medicine – and the community.</i>	
12:40 – 13:00	Marc Henri Gauchat: <i>Radiological evaluation of the cervical spine in practice.</i>	
13:00 – 14:00	Lunch	
14:00 – 18:00	PARALLEL WORKSHOPS	
	WORKSHOP A Simon Vulfsons and Aharon Finestone <i>Introduction to myofascial pain and dry needling.</i>	WORKSHOP B Wolfgang von Heymann and Michael L. Kuchera <i>Examination of the cervical spine. Cervical manual treatment approaches.</i>
09:00 – 18:00	POSTER SESSION	
Sunday, September 18, 2016		
09:00 – 12:30	<b>INTERNATIONAL INSTRUCTOR COURSE</b> for teachers and practitioners in Manual and Musculoskeletal Medicine: <b>Part I.</b> <i>Neurophysiological approach to manual medicine / Validated diagnostic procedures: scientific references – What do we believe, what is proved? / Workshop on cervical diagnostic procedures with clinical examples</i> <b>INTERNATIONAL COURSE IN MANUAL/MUSCULOSKELETAL MEDICINE</b> The 20 Best Muscles <i>Assessment and Treatment of Myofascial Pain with Dry Needling (Intramuscular Stimulation) in conjunction with Manual Medicine components</i> <b>Part I:</b> Dry needling technique / Head and Neck Pain / Forearm Pain	
14:00 – 18:00	<b>INTERNATIONAL INSTRUCTOR COURSE</b> for teachers and practitioners in Manual and Musculoskeletal Medicine: <b>Part II.</b> <i>Introduction to the myofascial pain syndrome / Cervical therapy workshop</i> <b>INTERNATIONAL COURSE IN MANUAL/MUSCULOSKELETAL MEDICINE</b> The 20 Best Muscles <b>Part II:</b> Shoulder Pain	
Monday, September 19, 2016		
09:00 – 12:30	<b>INTERNATIONAL INSTRUCTOR COURSE</b> for teachers and practitioners in Manual and Musculoskeletal Medicine: <b>Part III.</b> <i>Workshop on thoracic diagnostic procedures with clinical examples / Thoracic therapy workshop</i> <b>INTERNATIONAL COURSE IN MANUAL/MUSCULOSKELETAL MEDICINE</b> The 20 Best Muscles <b>Part III:</b> Hip and Low back Pain / Back Pain	
14:00 – 18:00	<b>INTERNATIONAL INSTRUCTOR COURSE</b> for teachers and practitioners in Manual and Musculoskeletal Medicine: <b>Part IV.</b> <i>Workshop on lumbar diagnostic procedures with clinical examples / Workshop on lumbar diagnostic procedures with clinical examples / Workshop on sacro-iliac joint diagnostic procedures with clinical examples / Sacro-iliac joint therapy workshop</i> <b>INTERNATIONAL COURSE IN MANUAL/MUSCULOSKELETAL MEDICINE</b> The 20 Best Muscles <b>Part IV:</b> Thigh and Knee Pain / Calf and Foot Pain	
		2 ECTS both

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## Who should attend

Musculoskeletal Specialists  
Physical Medicine and Rehabilitation Physicians  
General Practitioners interested in Manual and Musculoskeletal Medicine  
Orthopaedic Medicine Specialists  
Rheumatologists

## Conference Location

MEDICAL UNIVERSITY OF VARNA  
Faculty of Medicine  
55 Marin Drinov, Str.  
BG-9000 VARNA, Bulgaria  
Tel: +359 (52) 677 008 / Fax: +359 (52) 650 019  
e-mail: [radevr@gmail.com](mailto:radevr@gmail.com)  
[www.mu-varna.bg/en](http://www.mu-varna.bg/en)

## Conference Language

The official language of the SCIENTIFIC CONFERENCE, the INTERNATIONAL INSTRUCTOR COURSE and the INTERNATIONAL COURSE IN MANUAL/MUSCULOSKELETAL MEDICINE is English.

## Local Conference Organizer

Bulgarian Society of Manual Medicine BSMM  
Boul. Zar Oswoboditel 70  
BG-9002 VARNA Bulgaria  
[ilkotodorov@gmail.com](mailto:ilkotodorov@gmail.com)  
phone: +359 89 8654 365

## Conference Structure

The Conference scientific programme will include plenary sessions in addition to special interest workshops. The program will feature international Manual Medicine clinicians and researchers.

## Scientific Committee

Dr. Ilya Todorov (Co-Chairman)  
Dr. Simon Vulfsons (Co-Chairman)  
Prof. Michael L. Kuchera  
Prof. Sergei Nikonov  
Dr. Bernard Terrier  
Dr. Wolfgang von Heymann

## Conference outline

	Thursday 15.09.2016	Friday 16.09.2016	Saturday 17.09.2016	Sunday 18.09.2016	Monday 19.09.2016
09:00	FIMM Executive Board Meeting	FIMM General Assembly 2016	FIMM and Bulgarian Society Conjoint Scientific Conference	International Instructor Course International Course in Manual/ Musculoskeletal Medicine Part I	International Instructor Course International Course in Manual/ Musculoskeletal Medicine Part III
09:30					
10:00					
10:30					
11:00					
11:30					
12:00					
12:30					
14:00			Workshops	International Instructor Course International Course in Manual/ Musculoskeletal Medicine Part II	International Instructor Course International Course in Manual/ Musculoskeletal Medicine Part IV
14:30					
15:00					
15:30					
16:00					
16:30					
17:00					
17:30					
18:00					
20:00	Welcome Party	FIMM Dinner	Varna Event		

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## Registration Form (online registration: [www.fimm-online.com](http://www.fimm-online.com))

16<sup>th</sup> FIMM International Scientific Conference 2016, 2<sup>nd</sup> International Instructor Course and 1<sup>st</sup> International Course in Manual/Musculoskeletal Medicine

Return this form to:		Important:	
FIMM c/o Dr. Simon VULFSONS Institution for Pain Medicine Rambam Health Care Campus P.O. Box 9602 Haifa, ISRAEL 3109601 phone: +972 4 7772234 / fax: +972 4 7773505 / cell: +972 50 2064890 s_vulfsons@rambam.health.gov.il		1. Complete all sections 2. Use a separate form for each participant 3. Where <input type="checkbox"/> appears, indicate with X	
1. Participant Details			
Name:	Dr/Prof/Mr/Ms	First Name	Last Name
Organization:			
Position/title:			
Postal Address:	Street No.		
	Postal Code	City	Country
Contacts:	Telephone	Fax	Email
2. Conference Registration / Instructor Course Registration			
Conference fee	<input type="checkbox"/> € 60.– for international particip. 1 day*	<input type="checkbox"/> € 40.– for Bulgarian participants 1 day*	
Instructor Course fee	<input type="checkbox"/> € 120.– for international particip. 2 days*	<input type="checkbox"/> 80 € .– for Bulgarian participants 2 day*	
Course in MM Medicine fee	<input type="checkbox"/> € 120.– for international particip. 2 days*	<input type="checkbox"/> 80 € .– for Bulgarian participants 2 day*	
All in one fee: Conference and either Course	<input type="checkbox"/> € 150.– for international particip. 3 days*	<input type="checkbox"/> 90 € .– for Bulgarian participants 3 day*	* Dinners will be charged separately.
3. Paper Submission	Paper submission is closed.		
4. Poster Submission	Poster submission is closed.		
5. Payment	1. Cash payment at the welcome desk possible. No Credit cards.		
	2. Credit card payment: PayPal by going to the FIMM website: <a href="http://www.fimm-online.com">www.fimm-online.com</a> .		
6. Signature			
	Place and date	Signature	

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