

FIMM / KSCMM 2019 Seoul Conference

2019 FIMM 세계수기근골의학연합회 서울 학술회의

**Promoting the Art and Science of Manual Medicine and
Betterment of Global Health in the Australasian Sector**



Schedule:

April 6th 2019 (Sat) 14:00 PM ~ 21:00 PM

April 7th 2019 (Sun) 9:00 AM ~ 17:30 PM

Venue:

The Association of Korean Medicine (AKOM) Hall (Address: 91 Heojun-ro, Gangseo-gu, Seoul, Republic of Korea 07525)

-Hall A: 5F Main Auditorium, AKOM Hall

-Hall B: 3F Chuna Hall, AKOM Hall

-Hall C: 3F Room 302, AKOM Hall

The Korean Society of Chuna Manual Medicine for Spine & Nerves (KSCMM) is pleased to invite you to its first International Conference held in conjunction with the International Federation for

Manual/Musculoskeletal Medicine (FIMM),
which will be held for two days on April 6th (Sat) ~ 7th (Sun), 2019 at
AKOM Hall in Seoul.

This event will be jointly hosted and organized by the KSCMM with FIMM
and its Australasian Chapter.



With the objective of systemizing and promoting manual medicine as an
evidence-based medical practice,
the KSCMM has been hosting international seminars every 2~3 years since
it held its first International Manual Medicine Seminar in 2012.



Chuna Manual Therapy, a major component of Korean medicine treatment for spinal disorders, is to be covered by Korean national health insurance coverage as of March 25th 2019, and KSCMM has taken this opportunity to organize a regional conference on Pain and Musculoskeletal Medicine with FIMM to commemorate Chuna's first year of national health insurance coverage and reform its training and safety standards to better comply with international FIMM guidelines.



Your presence at this conference is very important to us. We look forward to welcoming you to beautiful Seoul!

Conference format:

2-day 2-track parallel workshop sessions (didactic presentations + treatment demonstrations + hands-on practice sessions)

Speakers:

Leadership of the International Federation for Manual/Musculoskeletal Medicine (FIMM),
leadership of the Korean Society of Chuna Manual Medicine for Spine & Nerves (KSCMM),
and national society members from the Australasian chapter of FIMM

Leadership (Executive Board members) of the International Federation for Manual/Musculoskeletal Medicine (FIMM)

<http://www.fimm-online.com/index.cfm>



PRESIDENT
Henk Bultman, MD

Director, Medisch Centrum ForceMed
Polikliniek Musculoskeletale Geneeskunde
Eindhoven, Eindhoven, Netherlands



SECRETARY GENERAL
Michael L. Kuchera, DO, FAAO

Professor, Department of Department of
Osteopathic Manipulative Medicine, Marian
University College of Osteopathic
Medicine, Indianapolis, Indiana, US



TREASURER
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Associate Professor, Foot & Ankle Unit,
Orthopaedics, Assaf HaRofeh Medical
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Germany

Program

Workshops - Day 1 of 2

Saturday, April 6th 2019

Session 1

Introduction to FIMM / **Henk BULTMAN**

Thoracic therapy workshop / **Ilia TODOROVN**

The myofascial pain diagnostic and therapeutic toolbox / **Simon
VULFSONS & Aharon FINESTONE**

Lumbar and pelvic pain: a myofascial approach / **Simon VULFSONS &
Aharon FINESTONE**

Session 2

1-1) Osteopathic Cranial Manipulative Medicine / HEENT Disorders /

Mike KUCHERA

1-2) Introduction to SUNWOO Technique / **Yunyoung SUNWOO**

2) MM Enhancing Lymphatic Function (Zink Approach)/ **Mike**

KUCHERA

3) High-Velocity Low-Amplitude / **Mike KUCHERA**

4) Diaphragms & Integrating Polyvagal Theory into Osteopathic Health Care / **Mike KUCHERA**

Time schedule	Workshops - Day 1 of 2 April 6th 2019 (Sat) 14:00 PM ~ 21:00 PM Venue: Hall A: 5F Main Auditorium, AKOM Hall Hall B: 3F Chuna Hall, AKOM Hall Hall C: 3F Room 302, AKOM Hall		
13:00 - 14:00	Hall A (5F Main Auditorium)		
	Registration		
14:00 - 14:30	Hall A (5F Main Auditorium)		
	Welcoming speech (including a brief introduction to the national health insurance coverage inclusion process for manual medicine in Korea) Byung-Cheul SHIN, KMD, President of KSCMM (Korea)		
14:30 - 14:50	Hall A (5F Main Auditorium)		
	Welcoming speech Henk BULTMAN, MD, President of FIMM (Netherlands)		
15:00 - 16:00	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)	Hall C (3F Room 302)
	Introduction to FIMM Henk BULTMAN (Netherlands)	#1. Osteopathic Considerations HEENT Disorders Mike KUCHERA (US)	Introduction to Sunwoo technique Yunyoung SUNWOO (Korea)
16:00 -	Coffee break		

16:10		
16:10 - 17:10	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	Thoracic therapy workshop Ilia TODOROV(Bulgaria)	#2. MM Enhancing Lymphatic Function (Zink Approach) Mike KUCHERA (US)
17:10 - 17:20	Coffee break	
17:20 - 18:50	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	The myofascial pain diagnostic and therapeutic toolbox Simon VULFSONS & Aharon FINESTONE (Israel)	#3. High-Velocity Low-Amplitude MM for Transition Zones Mike KUCHERA (US)
18:50 - 19:50	Dinner Break	
19:50 - 21:00	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	Lumbar and pelvic pain: a myofascial approach Simon VULFSONS & Aharon FINESTONE (Israel)	#4. Diaphragms & Integrating Polyvagal Theory in to Osteopathic Health Care Mike KUCHERA (US)

Workshops - Day 2 of 2
Sunday, April 7th 2019

Session 1

The challenge of lumbar and pelvic pain / **Stephen VINZELBERG**

Treatment of upper extremity / **Stephen VINZELBERG**

Cervical therapy workshop / diagnosis and therapeutics / **Bernard TERRIER**

Myofascial syndromes of the lumbar and pelvic regions/ **Simon VULFSONS & Aharon FINESTONE**

Session 2/ Mike KUCHERA

- 5-1) Osteopathic Considerations in Head/Eye/Ear/Nose/Throat Disorders
- 5-2) Osteopathic Cranial Manipulative Medicine in Neurodegenerative Disorders
- 6) Clinical Pearls for OMT to the Extremities

Time schedule	Workshops - Day 2 of 2 April 7th 2019 (Sun) 9:00 AM ~ 17:30 PM Venue: Hall A: 5F Main Auditorium, AKOM Hall Hall B: 3F Chuna Hall, AKOM Hall	
9:00 - 10:00	Hall A (5F Main Auditorium)	
	History of Chuna manual medicine and proposal of integrative non-surgical Korean medicine treatment (acupuncture) for acute patient cases using Chuna (including case videos) Joon-Shik SHIN, KMD Founder of KSCMM (Korea)	
10:00 - 11:00	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	The challenge of lumbar and pelvic pain Stephen VINZELBERG (Germany)	#5(1). Osteopathic Cranial Manipulative Medicine in HEENT Disorders Mike KUCHERA (US)
11:00 - 11:30	Coffee break	
11:30 - 12:30	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	Treatment of upper extremities Stephen VINZELBERG (Germany)	#5(2). Osteopathic Cranial Manipulative Medicine in Neurodegenerative Disorders Mike KUCHERA (US)
12:30 - 14:00	Lunch break	
	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	Cervical therapy	

14:00 - 15:30	workshop / diagnosis and therapeutics Bernard TERRIER (Switzerland)	#6(1). Clinical Pearls for OMT to the Extremities - I Mike KUCHERA (US)
15:30 - 16:00	Coffee break	
16:00 - 17:30	Hall A (5F Main Auditorium)	Hall B (3F Chuna Hall)
	Myofascial pain of the shoulder girdle Simon VULFSONS & Aharon FINESTONE (Israel)	#6(2). Clinical Pearls for OMT to the Extremities - II Mike KUCHERA (US)
17:40	Hall A (5F Main Auditorium)	
	Closing remarks Byung-Cheul SHIN, KMD, President of KSCMM (Korea)	

※ The program schedule may be subject to change.

Registration

※ **Registration method:** E-mail registration applications will be received at 2019seoulconference@gmail.com, and the KSCMM Conference organizing committee will send you a payment request by Paypal for early and regular registration fee payment upon confirmation of your registration application.

※ Please notify the KSCMM Conference organizing committee in advance even if you plan to attend the conference by on-site registration so that the committee may make the necessary preparations.

※ Registration includes access to plenary and invited sessions, and provision of lecture program books and meals (Saturday dinner and/or Sunday lunch depending on 1 day/2 day registration).

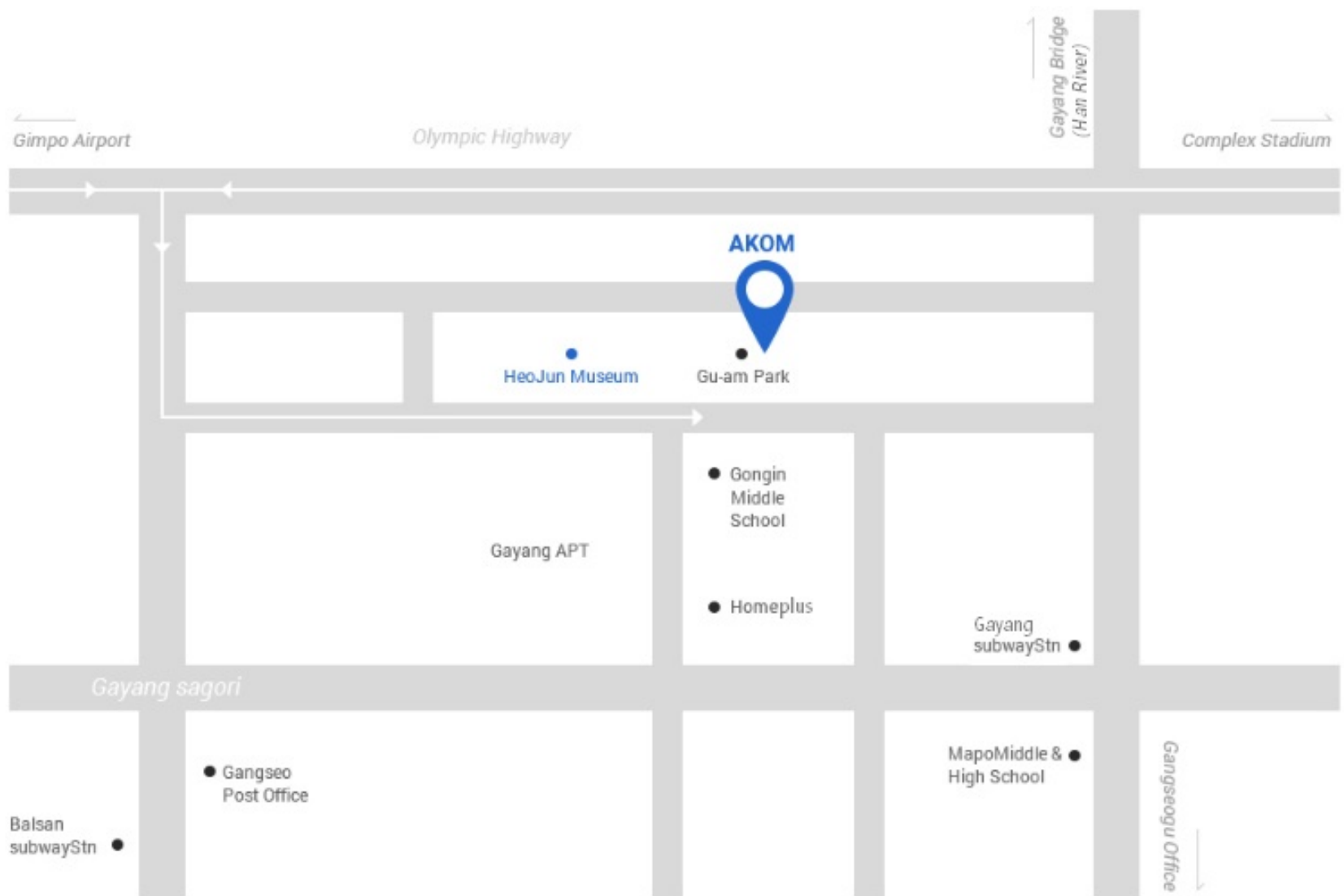
One day (for either April 6th 2019 (Sat) or April 7th 2019 (Sun))	
Early registration for KSCMM non-members (open until March 16th 2019 (Sat))	\$110 (Saturday dinner included for Saturday participants, and Sunday lunch included for Saturday participants)
Regular registration for KSCMM non-members (open until March 23rd 2019 (Sat))	\$125 (Saturday dinner included for Saturday participants, and Sunday lunch included for Saturday participants)
On-site registration for KSCMM non-members (on April 6th 2019 (Sat) or April 7th 2019 (Sun))	\$150 (Saturday dinner included for Saturday participants, and Sunday lunch included for Saturday participants)
Two day (for both April 6th 2019 (Sat) and April 7th 2019 (Sun))	
Early registration for KSCMM non-members (open until March 16th 2019 (Sat))	\$200 (Saturday dinner and Sunday lunch included)
Regular registration for KSCMM non-members (open until March 23rd 2019 (Sat))	\$225 (Saturday dinner and Sunday lunch included)
On-site registration for KSCMM non-members (on April 6th 2019 (Sat))	\$250 (Saturday dinner and Sunday lunch included)

※ The number of participants for the 2-day workshop sessions conducted by Prof. Kuchera will be limited to 3 people per table with approximately 20 tables made available in consideration of quality control of the hands-on sessions. Lecture access (Hall B) will be open to all participants in observation format, but hands-on sessions will be exclusively available to pre-registrants with early and regular registration for Prof. Kuchera's 2-day workshop.

Notifications

※ Video recording will not be allowed. The KSCMM will have an official video recording made available to participants.

※ English will be the official language of the conference, and English-Korean translations will be provided by consecutive interpreting for the convenience of non-English Korean speakers.



KSCMM Conference organizing committee

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Accommodation recommendation

[Courtyard by Marriott Seoul Botanic Park]

<https://www.marriott.com/hotels/travel/selcs-courtyard-seoul-botanic-park/>

Address: 10 Magokjungang 12-ro, Kangso-gu, Seoul, 07789, South Korea

※ The KSCMM has a contract with Courtyard by Marriott Seoul Botanic Park and a discount rate for the conference period. Please contact us (KSCMM Conference organizing committee) for rates and further information.

Korean visa issuance

Visa issuance is dependent on the country/region of origin of the visitor. Please check if visa issuance is required and make necessary preparations. The KSCMM Conference organizing committee will send you a letter vouching for your conference registration upon request.

[Korea Visa Portal]

https://www.visa.go.kr/openPage.do?MENU_ID=10101

Seoul Attractions



Seoul Travel Guide : <http://english.visitseoul.net/index>

Korea Travel Guide :

<https://english.visitkorea.or.kr/enu/index.jsp>

Attractions in Seoul, South Korea - Lonely Planet :

<https://www.lonelyplanet.com/south-korea/seoul/attractions/a/poi-sig/357441>

20 Must-Visit Attractions in Seoul :

<https://theculturetrip.com/asia/south-korea/articles/20-must-visit-attractions-in-seoul/>