

## **Negev Bar**

### **Curriculum Vitae 2022**

#### **Personal Data**

**Name:** Negev Bar, MD, Family Physician.

**Marital Status:** married +4 (1997; 2001; 2006; 2008)

**Date of Birth:** March 12, 1967

**Place of Birth:** Israel, **Nationality:** Israeli

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#### **Education**

- Dec. 2017 Dry Needling Instructors course, Israeli Society of Musculoskeletal Medicine
- 2016-2017 Advance Dry Needling (I+II) certificate course, Israeli Society of Musculoskeletal Medicine
- 2015-2016 Pain trustees II, post-graduate school, Technion IT & Rambam Hospital Pain Unit, Haifa
- 2014-2015 Clinical fellowship in pain medicine. MGH, McGill university, Montreal, Canada
- 2012-2013 Pain trustees I, post-graduate school, Technion IT & Rambam Hospital Pain Unit, Haifa
- Jun. 2012 Basic Dry Needling ("20 Best") certificate course, Israeli Society of Musculoskeletal Medicine
- May. 2012 Kinesio Taping certificate course, KT-AI, Petah-Tikva
- 2011-2012 Pain and Musculoskeletal Medicine, post-graduate school, Tel-Aviv University
- 2000-2009 Resident in Family Practice, Department of Family Medicine, Haifa
- Jun. 2007 INPACT® - Israel National Palliative Care Training
- Oct. 2003 PALS® - Pediatric Advanced Life Support
- Oct. 2001 ATLS® - Advanced Trauma Life Support
- Aug. 2001 ACLS® - Advanced Cardiac Life Support
- 1992-2000 Technion: Israel Institute of Technology: The Rappaport Faculty of Medicine, Haifa.
  - Doctor of Medicine (M.D.) - Cum Laude
  - Bachelor of Science in Medical Science - Cum Laude

#### **Experience**

- 2022-present Board Member of FIMM [The International Federation for Manual & Musculoskeletal medicine](#)
- 2022-present Board Member of ISMM [The Israel society for musculoskeletal medicine](#)
- 2016-2022 Chairman of ISMM - the Israeli Society of Musculoskeletal Medicine – 1<sup>st</sup> + 2<sup>nd</sup> terms
- 2015-Present Pain consultant to family physicians, Haifa & Sharon districts, Clalit Health Services
- 2014-2016 Board Member of ISMM - the Israeli Society of Musculoskeletal Medicine
- 2014-2015 Clinical fellow in chronic pain clinic, Montreal General hospital, Montreal, Canada
- 2014-2015 Pain consultant to family physicians, Herzl family department, Montreal, Canada

2013-2014	Pain consultant to family physicians, Alonim clinic, Yokneam
2010-2014	Beit-Ekstein, medical director in PDD Nursing Homes, Kibbutz Ein-Shemer
2020-Present	Ramot-Mwnashe, Rural Primary Care Clinic, Kibbutz Ramot-Menashe
2007-2020	Ein-Shemer, Rural Primary Care Clinic, Kibbutz Ein-Shemer
2005-Present	Dalia, Rural Primary Care Clinic, Kibbutz Dalia
2005-Present	Savion, medical director in parents' home, Kibbutz Dalia
2005-2006	Gan-Shmuel, Rural Primary Care Clinic, Kibbutz Gan-Shmuel
2000-2006	Resident in Family Practice, Department of Family Medicine, Haifa <ul style="list-style-type: none"> <li>• Dalia, Rural Primary Care Clinic, Kibbutz Dalia.</li> <li>• Pinsker, Urban Primary Care Clinic, Kiryat-Ata.</li> <li>• Misgav, Rural Primary Care Clinic, Gush-Segev.</li> <li>• Mazra, Psychiatric Hospital, Nahariya.</li> <li>• Child Mental Health Clinic &amp; Adult Community Mental Service, Carmiel.</li> <li>• Carmel Medical Center, Internal Medicine Ward, Haifa.</li> <li>• Rambam Medical Center - District AIDS Clinic, Haifa.</li> <li>• Nahariya Medical Center, Pediatric Ward, Nahariya.</li> <li>• Rambam Medical Center, Obstetrics &amp; Gynecology Ward, Haifa.</li> <li>• Rambam Medical Center, Oncology Ward and palliative care unit, Haifa.</li> </ul>
2000-2010	EMS Physician - mobile intensive care unit, Israel's Red Cross (M.D.A), Haifa
2004-2005	Tropical medicine practitioner in Kisiizi Hospital-Rural hospital, Southwest Uganda
2000-2006	Advanced CPR instructor for intensive care nurses in Carmel Medical Center, Haifa.
2000-2004	Physician "on call" in a kibbutz Rural Primary Care Clinic – Kibbutz Ramat Yochanan.
1999-2000	Internship – Rambam Medical Center, Haifa
1996-2000	Paramedic in a kibbutz rural primary clinic (including maternity and pediatric nursing care) Kibbutz Kfar Maccabi.

### **Teaching & Examining**

2020-Present	Director of the ISMM dry needling Capsule courses (Basic and advanced)
2018-Present	"The Theory of Myofascial Pain" - an online course of ISMM
2015-Present	Dry Needling Instructor in ISMM - The Israeli Society of Musculoskeletal Medicine
2014-2015	Myofascial pain and dry needling, AEPMU, Montreal General Hospital, Montreal, Canada
2012-2014	Introduction to Myofascial pain and IMS, Department of Family Medicine, Haifa
2010-2014	Examiner of the Family Medicine final national exams of the Israeli Medical Council
2010-2013	Skills& Procedures in Family Medicine, Department of Family Medicine, Haifa
2009-2011	Palliative care for Family Practitioners, Department of Family Medicine, Haifa
2007-2014	Clinical Approach in Family Medicine, Department of Family Medicine, Haifa
2008	Women's Health for Family Practitioners, Department of Family Medicine, Haifa
2007	Pediatric Medicine for Family Practitioners, Department of Family Medicine, Haifa
2006-2014	Breaking Bad News for medical students, Department of Family Medicine, Haifa
2006-2014	Communications skills for medical students, Department of Family Medicine, Haifa

### **Research, Publications & Presentations**

- 2022 Introduction to Dry Needling - FIMM annual conference 2022, Hannover, Germany
- 2021-2022 Chairman of the ISMM annual conferences "Touching the pain" 2021+2022
- 2018-2020 Moderator in the ISMM annual conferences "Touching the pain" 2018+2019+2020
- 2018 Introduction to Dry Needling - FIMM annual conference 2018, Paris, France
- 2013 Moderator: "Conceptual change and adopting new skills in the musculoskeletal medicine – summary of the first six months"
- The "Shabtai Ben-Meir" Annual Conference of the Family Practitioners' association in Israel, March 2013
- 2012 "Fulfilling dreams by family physicians in humanitarian missions in the 3<sup>rd</sup> world"
- Medicine in the 3<sup>rd</sup> world and tropical medicine course, Aug. 2012
  - Medicine in the 3<sup>rd</sup> world and tropical medicine course, Jul. 2011
- 2012 Session Chairman: "clinical skill and procedures for Family Practitioners"
- The 3<sup>rd</sup> annual "Northern Family physicians' conference", May 2012
- 2011 "Bio-Psycho-Social survey among Darfur Refugees in Eilat"
- "The Backyard – medical care for refugees and asylum seekers in Israel ": Physicians for Human Rights & Sheba Hospital Tropical Medicine Unit, Nov 2011.
  - The "Shabtai Ben-Meir" Annual Conference of the Family Practitioners' association in Israel, March 2009
- 2011 "Clinical skill hybrid workshop - Female pelvic exam for Family Practitioners"
- The 29<sup>th</sup> Family physicians' Annual Conference, June 2011
  - The "Shabtai Ben-Meir" Annual Conference of the Family Practitioners' association in Israel, March 2010
- 2011 "Teaching clinical skill and procedures for Family Practitioners"
- The 2<sup>nd</sup> annual northern Family physicians' conference, May 2011
- 2010 "Clinical skill hybrid workshop - Female breast exam for Family Practitioners"
- The 28<sup>th</sup> Family physicians' Annual Conference, December 2010
- 2007-2008 "Palliative care in Kisiizi Hospital, Uganda"
- The Montreal Jewish Hospital - Palliative care unit, June 2008.
  - The Montreal Children's Hospital - Children palliative care unit, June 2008.
  - Palliative Care in different cultures, Eilat, March 2008.
  - The Annual Conference of the Palliative Care Association in Israel, April 2007.
- 2005 "Primary care in Kisiizi Hospital, Uganda"
- The "Shabtai Ben-Meir" Annual Conference of the Family Practitioners' association in Israel, March 2005
- 2000 "Fever without a source in children 3-36 months: compliance with the clinical practice guidelines by family practitioners and by pediatricians working in the community and hospital"
- Final report as part of the MD graduation requirements
  - The "Shabtai Ben-Meir" Annual Conference of the Family Practitioners' association in Israel, April 2003.
- 2000 Field investigator in a multi-center pharmacological trial of SOLVAY corporation, done by QUINTILES.

**Volunteer Activities**

- 2005-2008 Initiating "AYALA" – Israeli Organization for Humanitarian Medicine
- 2004-2005 One year volunteer as Tropical medicine practitioner in Kisiizi Hospital -Rural hospital in southwest Uganda
- Aug. 1995 Volunteer work in Maralal District Hospital, Maralal, Kenya.
- 1985-1986 Post high school “service year” - community and scouts activities in a low economic status neighborhood, Givat-Hamore, Afula.