

Dr. Wolfgang von Heymann
10 October 1950 – 2 August 2019

With respect for his memory...

*Honorary president and
Founding Member of MTAR*

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MANUAL MEDICINE-PAIN REGULATION SOCIETY

Prof. Dr. Hüseyin Nazlıkul, M.D., Ph.D.
President of MTAR, President of FIMM, President of BNR
Mehmet Ali Elmaccioğlu, M.D.
Board Member of MTAR, FIMM, BNR Instructor of Trainers

NATIONAL SOCIETY REPORT-TURKEY

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BOARD MEMBERS

- President: Prof. Dr. Hüseyin NAZLIKUL, M.D., Ph.D., Specialist in Physical and Rehabilitative medicine
- Vice president: Dr. Ferda FIRDIN, M.D., Specialist in Physical and Rehabilitative medicine
- Secretary: Dr. Şafi EDEMCI, M.D., Specialist in Physical and Rehabilitative medicine
- Accountant: Dr. Sezai ŞAHİN, M.D., Specialist in Physical and Rehabilitative medicine
- Associate Prof. Fatma Gülşin URAL, M.D., Specialist in Physical and Rehabilitative medicine
- Dr. Sevil Kılıç ÖZTÜRK, M.D., Specialist in Physical and Rehabilitative medicine
- Dr. Mehmet Ali ELMACIOĞLU, M.D., Specialist in Anesthesiology and Reanimation

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BOARD MEMBERS

| NAME AND LAST NAME | DUTY | RESIDENCE ADDRESS | TELEPHONE |
|--------------------------|-------------------|--|----------------|
| 1. Hüseyin NAZLIKUL | Chairman | Hakkı Yetim Cad. Vital Fulya Plaza No 23 Kat: 3 Şişli/İstanbul | 0212 219 19 12 |
| 2. Ferda FIRDIN | Vice Chairman | Yıldırım Mah. Akademi Cad. Harmanlı Tineret A3 Blok daire 57 Nispetiye/Besika | 0224 452 88 61 |
| 3. Şafi EDEMCI | Secretary General | Yenişehir Mah. Ertuğrul Bulvarı Dönüşkapıya Hizmet Binası/Serik A-2 Blok No 11/2 Şişli/İstanbul | 0533 571 95 81 |
| 4. Sezai ŞAHİN | Accountant | Mahirpaş Mah. Dönüşkapıya Cad. No 103-107 Avrupa konutları kule 2 D1 Blok daire 29 Beşiktaş/İstanbul | 0533 055 68 22 |
| 5. Fatma Gülşin URAL | Member | Büyükdere Mah. 1795 Sok. 9/5 Çankaya/Beşiktaş | 0950 273 01 11 |
| 6. Sevil Kılıç ÖZTÜRK | Member | Yenişehir Mah. Müllet Cad. 22/1 Wood Sireni A-46 Beşiktaş/İstanbul | 0905 519 41 69 |
| 7. Mehmet Ali ELMACIOĞLU | Member | Atatürk Mah. 1003 Sok. No. 4/10 Beşiktaş/İstanbul | 0532 296 95 20 |

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INSTRUCTORS

- Prof. Dr. Hüseyin Nazlıkul
- Dr. Wolfgang von Heymann
- Dr. Ferda Firdin
- Dr. Sibel Çağlar Okur
- Dr. Tijen Acarkan
- Dr. Şafi EDEMCI
- Dr. Sevil Kılıç ÖZTÜRK

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National Society Content


- **Membership: 120**
 - # Specialty/300* hr: ##
 - # Facility/100* hour: ##
- **Status MM Recognition: No Subspecialty**
 - Nat'l Society Certificate: 370 hours
- **Education**
 - # Programs: Curriculum of MWE, FIMM and ESSOM,
 - # Educational Sites: Manuel Medizine Vol 1,2, Thieme (Böhme, Lauper, Locher) and Medical Book of Axial Organ Manual Medicine which has been published by Hüseyin Nazlıkul and Wolfgang von Heymann for the Turkish Medical Doctors

MTAR-Turkey

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National Society Insights


- **Strengths**
 - The courses held in accordance with the curricula of the societies (MWE, FIMM, ESSOM) that are accepted as references.
 - The advantages of having a valid diploma in accordance with European standards are also important for the doctors.
- **Weaknesses**
 - It's a new Society but the roots are old and powerful. However, it is foreseen that this will be overcome by the implementation and acceptance of our appliance as a member.
- **Opportunities**
 - Having trained and competent instructor staff (Each instructor completed 560 hours of instructorship period).
 - There are adequate and suitable tables prepared for manual medicine education, training hall, and a manual therapy table for each 4-6 trainees.
- **Threats**
 - It needs a long education period and getting skilled on this method.



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CURRICULUM


- Our curriculum will comprises **370 hours** of certified education and training in Manual Medicine.
- The actual number of physicians fully qualified according to the attached curriculum comprises 80



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CURRICULUM


- Part of the ETR (UEMS), submitted by ESSOMM; “we read and approve it as an association”
- The first **100 hours** of the basic courses of the total of 300 hours curriculum of the ESSOMM and now of the UEMS-ETR MM were dedicated essentially to basic theory and diagnostic procedures in relation to the locomotor organ.
- The following **200 hours** of the **advanced courses** will complete the curriculum and the syllabus for the **European specialist to become a certificate or accreditation for the additional competence in Manual Medicine.**
- **30 hours** education consist of local therapeutic injections according to FIMM Segmental Neuraltherapy combination of MM.
- Seminars A and B a total of **40 hours**



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CURRICULUM

- **Participation Requirements for Seminars;**
 - a. To be a medical doctor (To be a graduate of medical school)
 - b. During the seminars, the attendants must agree to take the practices and make them among themselves.




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CERTIFICATE REQUIREMENTS;

A. The attendants should successfully complete 4 basic, 7 advanced steps, Basic, advanced and hospitation seminars (total 330 hours)


- Seminar 1 - 4 includes basic education which is 120 hours in total. An oral examination will be held after basic education. Only those who pass the oral exam can attend advanced courses.
- Seminar 5 - 11 includes advanced education which is 210 hours in total. (As a rule; completion of the first 4 steps and passing the midterm exam is compulsory to attend advanced seminars.)
- Participants can attend in basic and advanced seminars without a ranking system within themselves.
- Physicians who are graduates of neural therapy are exempt from the 11th step of seminars.



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Certificate Requirements;

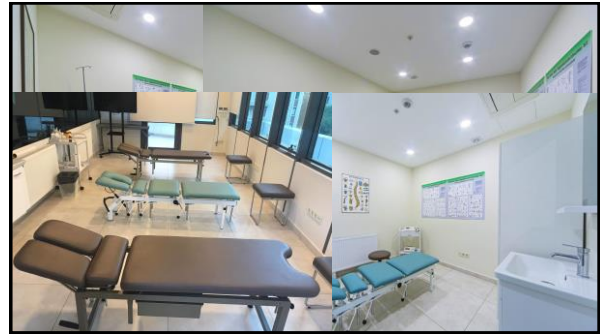
- B. Basic and advanced hospitation seminars are total of 40 hours.
- C. Participant should be a member of MTAR (Manuel Medicine-Pain Regulation) society.
- D. For certification, the participants should present 2 case report, and should pass the written, oral and practical final exams.



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MANUEL MEDICINE SEMINAR 1ST STEP (BASIC SEMINAR-30 HOURS)

- Anamnesis with Classical and Manual Medicine Approach
- Manual medicine indications and contraindications
- **Cervical and lumbar** segmental examination
- Cervical and lumbar anatomy
- Segmental assessment of cervical and lumbar zone
- Cervical and lumbar segmental mobilization
- Fundamentals of cervical and lumbar manipulation therapy
- Cervical and lumbar basic manipulation techniques
- Segment mobilization techniques in individual spinal column sections
- Introduction to neuromuscular therapy techniques
- Diagnostic techniques of functional segmental irritation point for chiropractic treatment targeted in the cervical and lumbar spine zone.

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Manual Medicine Seminar 2nd Step (Basic Seminar -30 hours)

- Anamnesis with Classical and Manual Medical Approach
- Manual medical indications and contraindications
- **Thoracic and SIJ** segmental examination
- Thoracic and SIJ anatomy
- Segmental assessment of Thoracic and SIJ
- Segmental mobilization of thoracic and SIJ zone
- Fundamentals of thoracic and SIJ manipulation therapy
- Basic manipulation techniques of Thoracic and SIJ zone
- Segment mobilization techniques in individual spinal column sections
- Introduction to neuromuscular therapy techniques
- Diagnostic techniques of functional segmental irritation point for chiropractic treatment targeted in the thoracic and SIJ zone.

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Manuel Medicine Seminar 3rd Step (Basic Seminar -30 hours)

- Functional anatomy of **upper extremity** joints
- Functional examination of the joint mobility (especially on the limb joints)
- Biomechanics and functional importance of the joints.
- Muscle function tests and assessment of myotendinous reactions in joint movement disorders.
- Mobilization and manipulation techniques of upper extremity joints in the treatment of hypomobility disorders
- Postisometric relaxation in upper extremity joints and targeted muscle stretching practice
- Diagnosis and treatment of upper extremity joint disorders in the context of pseudodular spinal syndromes
- Diagnosis and treatment of temporomandibular joints with manual medicine approach

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Manual Medicine Seminar 4th Step (Basic Seminar -30 hours)

- Functional anatomy of the **lower extremity** joints
- Functional examination, especially mobility of joints on the limb joints
- Biomechanics and functional importance of the joints.
- Muscle function tests and assessment of myotendinous reactions in joint movement disorders.
- Mobilization and manipulation techniques of lower extremity joints in the treatment of hypomobility disorders
- Postisometric relaxation in upper extremity joints and targeted muscle stretching practice
- Diagnosis and treatment of lower extremity joint disorders in the context of pseudodular spinal syndromes
- Diagnosis and treatment of temporomandibular joints with manual medicine approach

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Manual Medicine Seminar 5th Step (Advanced Seminar -30 hours)

- Evaluation of segmental pain
- Cervical and lumbar spine anatomy and review
- **Cervical and lumbar manipulations**
- Completion of targeted techniques in the cervical- lumbar spine and limb joints
- Differential diagnosis and treatment planning in diseases that manual therapy is effective
- Integration of manual medicine in a therapeutic concept
- The concept of manual medicine in the treatment of complex blockage disorders
- The importance of manual medicine in modern medicine and other specialties
- The diagnosis of functional manual medicine directions of the spine under X-ray imaging
- Forensic issues related to manual medicine
- Use of balancing techniques in manual medicine

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Manual Medicine Seminar 6th Step (Advanced Seminar -30 hours)

- Evaluation of segmental pain
- Thoracic spine and SIJ anatomy and review
- **Manipulation of Thoracic spine and SIJ**
- Completion of targeted techniques in the thoracic spine, SIJ and limb joints
- Differential diagnosis and treatment planning in diseases that manual therapy is effective
- Integration of manual medicine in a therapeutic concept
- The concept of manual medicine in the treatment of complex blockage disorders
- The importance of manual medicine in modern medicine and other specialties
- The diagnosis of functional manual medicine directions of the spine under X-ray imaging
- Forensic issues related to manual medicine
- Use of balancing techniques

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Manuel Medicine Seminar 7th Step (Advanced Seminar -30 hours)

- **Mobilization and manipulation of extremities, assessment and solution of muscle chains of movement**
- Addition of diagnostic and treatment techniques
- Examination of muscle functions
- Muscle energy techniques
- Myofascial basic techniques and trigger points
- X-ray diagnosis under manual medical conditions (exclusion of contraindications and functional assessment)

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Manuel Medicine Seminar 8th Step (Advanced Seminar -30 hours)

- **Visceral and TMJ dysfunctions**
- **Fundamentals of visceral mobilization**
- **Basics of manual therapy in children**
- Examination and treatment of temporomandibular joint dysfunction
- Evaluation of muscle movement patterns, fascia, visceral responses, neural innervation, segmental spinal and autonomic nervous system relationships within the locomotor system.

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Manual Medicine Seminar 9th Step (Advanced Seminar -30 hours)

- An overview
- General review of the spine system
- **Review of mobilizations and manipulations**
- Evaluation of the **synergy of manual medicine with other regulative methods**
- Evaluation and solution of **pain physiology**

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Manual Medical Seminar 10th Step (Advanced Seminar - 30 hours)

- Differential diagnosis of **pseudoradicular spinal syndromes** specific to manual medicine indications.
- **Review of spinal articular mobilization** techniques including related soft tissue and muscle techniques
- Introduction to X-ray functional diagnosis under manual medicine features
- Targeted manipulation of sacroiliac joints, spine joints and costotransversal joints
- Indication and technique of risk-free manipulation for the treatment of spinal obstruction
- Techniques that use to facilitate manipulation, Neuromuscular techniques

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Manual Medical Seminar 11th Step (Advanced Seminar - 30 hours)

- Approach to pain
- Neurophysiology of pain and locomotor system responses
- Segmental system for the assessment of patients with chronic pain
- Introduction to local therapeutic injections
 - Materials for this techniques
 - Clinical uses of local anesthetics
- Applications in local therapeutic injections (local, segmental, facet joint treatments)
- Supportive treatments for manual medicine applications in refractory locomotor system diseases
- Local therapeutic approaches in chronic pain syndrome
- 2 case report, written, oral and practical final exam

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Seminar B, Basic Manual Medicine (20 hours)

- Patient anamnesis
- Approach to the patient
- Physical examination techniques of manual medicine
- Practical applications
- An independent assessment of the manual medical approach and analysis of solution foci
- Evaluation

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Seminar B, Advanced Manual Medicine (20 hours)

- Manual medicine review for refractory disorders
- Case discussions
- Examination and evaluation of cases
- Combination of manual medicine with injection techniques
- Practical applications
- Evaluation

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LEGISLATION OF MANUAL MEDICINE- PAIN REGULATION SOCIETY

Name and Headquarter of the Association

Article 1- The Name of the Association is "Manual Medicine- Pain Regulation Association =MANUEL TIP AGRI REGÜLASYON DERNEĞİ ". And the shortened form is "MTAR"... Registration of the Association: 34-252-125

The headquarter of the association is in Istanbul.

The association may open branches in the homeland and abroad.

Purpose of the Association and the Working Subjects to be Carried out by the Association in order to Realize this Purpose and Fields of Activities

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Article 2-** The Association has been established for the purposes of carrying out civil society activities, developing such activities, and supporting the people and organizations that operate in this field and subject.
- The association doesn't seek profits, and the primary purpose of its activities is not for commercial interests.
- The association operates only in fields defined without exception in the article of "Tax Deductible Purposes" of the Tax Procedural Law and for the purposes of providing help and assistance in these fields. The association aims at public service.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

• Work Subjects and Styles To Be Carried out by the Association

- The purpose of the association is to support public health by scientific and professional training of medical doctors.
- On the other hand, the purpose of the association is also to develop all sorts of consultancies and assistance in the medicine society in order to help developing a healthy society both physically and spiritually in unity and solidarity by aiming at serving the people, and to encourage, plan, and carry out scientific studies for the medical professionals including dentists, students, and workers of health; and the association also aims at making contributions to the development of the medicine in our country and to provide information for the people about health matters.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- The Manual Medicine- Pain Regulation Association operates in the below mentioned fields in order to realize its purposes:
 - Supporting research in the fields of **manual therapy of the spinal and extremity**, and **publishing the scientific study** texts in this field,
 - Supporting the protective medicine by giving answers to the questions of the public in respect of the subjects in the manual medicine,
 - Providing training and advanced training for the medical doctors in the field of manual medicine and other treatment methods.
 - Developing the scientific and practical training in the facilities of Manual Medicine and advanced training.
 - Forming the integrated approach plans in relation to the myofascial pain syndrome and relevant structures in the locomotor system diseases and carrying out their treatment.
- In order to realize its objectives and purposes, the Manual Medicine- Pain Regulation Association aims at using the methods of **Regulation Medicine, Neurotherapy, Thermoregulation, Massage, Reflexology, Kinesiology, Nutrition, Manual Therapy, Treatment with Osteopathy, Autogeneous Training, Psychotherapy, Bathing and spa treatment, Balneotherapy, and Hypnosis.**
- Manual Medicine- Pain Regulation Association aims at **working in conjunction with the Scientific Neurotherapy and Regulation Association (BNR) and European & Asian Federation of Complementary and Regulation Medicine (AARTF).**

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- *The Manual Medicine- Pain Regulation Association aims at becoming a member of the Federation / Confederation to be established and particularly becoming members of the FIMM and ESSOM, and it also aims at providing the Turkish Medical Doctors with training in line with the curriculum of these Federations.*
- **The Manual Medicine- Pain Regulation Association's Trainers and the training medical doctors will take mainly the criteria of MWE and ESSOM as references.**
- **For the Training Curriculum of the Manual Medicine- Pain Regulation Association, mainly the Volume 1 and 2 books of Manuelle Medizin of the Publishing house of Thieme (Böhme, Lauper, Locher), and the training curriculum of MWE and the curriculum of ESSOM and the Medical Book of Axial Organ Manual Medicine which has been published by Hüseyin Nazlıkul and Wolfgang von Heymann for the Turkish Medical Doctors.**
- **The Association aims at organizing training sessions in relation to Pain mainly in conjunction with the Scientific Manual Medicine associations in Germany and Europe that are related to Pain, and the association also aims at forming training standards and their enhancement.**

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **In addition, the association;**
 - Makes researches in order to develop its activities and to increase their effectiveness,
 - Organizes such training activities as courses, seminars, conferences, and panels,
 - Provides all sorts of information, documentation, and published materials, and forms a documentation center in order to realize its objectives and purposes, and issues newspapers, periodicals, books, and bulletins for the purposes of announcing its works in line with its objectives and purposes,
 - Provides a healthy working environment, all sorts of technical instruments and equipment, fixtures, and stationery materials for the purposes of fulfilling its objectives,
 - Carries out charity collecting activities and accepts donations and charities from the homeland and from abroad providing that the necessary permissions should be obtained.
 - Establishes and operates economic, commercial, and industrial enterprises for the realization of charter purposes, and obtaining the needed revenues,
 - Opens clubhouses, and social and cultural facilities and furnishes them in order that the members can benefit and spend their free times,
 - Organizes dinner parties, concerts, balls (dancing parties), theater activities, exhibitions, sports and travelling activities so that the social relations between the members can be developed or that the members can benefit from them,

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- Purchases, sells, and rents real estates and chattels that are needed for the purposes of realizing its activities, and may establish real rights on them.
- Establishes foundations and federations in the homeland and abroad or become a member of an already established federation, and facilities that associations are allowed to establish for the purposes of realizing the objectives and purposes, if it is found necessary.
- Carries out international activities, becomes a member of the associations abroad, and carries out joint works and studies and cooperates with such associations,
- Carries out joint projects in its field of activity with public organizations and enterprises in the event that it is found necessary for the realization of the purposes provided that the terms and conditions of the Law with Enactment number 5702 which regulates the relationships of the associations with the public enterprises and organizations,
- Establishes funds in order to provide its members with such needed items as food, articles of clothing and other goods and services, and to meet their short term credit needs,
- Opens branches and representation offices wherever they are needed,
- Forms a platform in order to realize a joint purpose with other associations, foundations, labor unions or similar civil society and non-governmental organizations in fields which are related to the purposes of the association and which are not prohibited legally,
- Carries out all sorts of activities that are needed for the realization of the purposes and that are not prohibited by the law.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Field of Activity of the Association**
- The association is active in social fields within the homeland and abroad

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Right To Become A Member, and Membership Procedures**
- **Article 3-** Each and every real person or entity who has legal capacity and who adopts the purposes and principles of the association and accepts to work in line therewith and who bears the conditions stipulated by the legislations has the right to become a member of this association. However, in order that foreigners can become members they are obligated to have the right to reside in Turkey. For honorary membership, this condition is not needed.
- The membership application which will be made to the chairmanship of the association is resolved with respect to acceptance or rejection of membership by the board of directors of the association within 30 days at most, and the result is notified to the applicant in written form. The member whose application has been accepted is recorded in the book which is kept for this purpose.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- The original members of the association are those founding members and those other members whose applications have been accepted by the board of directors.
- Those who have made important contributions materially and spiritually to the association may be accepted as honorary members with a resolution of the board of directors.
- When the number of the branches of the association are more than three, the membership records of the members in the headquarter of the association are transferred to the branches. The new membership registration is done in the branches. The acceptances to membership, and cancellation of membership are carried out by the boards of directors of the branches, and are reported in written form to the headquarter within thirty days at the latest.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Unsubscribing from membership**
- **Article 4-** Each member has the right to unsubscribe from membership on the condition that he/she should send a written notification to the association.
- Upon the reaching of the resignation petition to the board of directors, the resignation process is considered to have been completed. Ceasing membership doesn't remove the accumulated debts of the member to the association.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Cancellation of Membership**
- **Article 5-** The cases which requires the cancellation of membership are as follows.
 - 1-Acting and behaving against the charter of the association,
 - 2-Continuously abstaining from the duties assigned,
 - 3-Failing to pay for the membership fee in spite of the written warnings,
 - 4-Not obeying the decisions made by the organs of the association,
 - 5-Losing the conditions of becoming a member,
 - In the event of detection of one of the conditions indicated here above, the membership of a member may be cancelled with a resolution of the board of directors.
- Those members who unsubscribe from membership or whose membership is cancelled are deleted from the member registry, and they cannot not raise a claim on the assets of the association.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Organs of the Association**
- **Article 6-** The organs of the association are indicated here below.
 - 1-General assembly,
 - 2-Board of Directors,
 - 3-Board of Auditors,

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THE PSYCHOSOMATIC PAIN THERAPY CURRICULUM
Consists of three parts (A, B, C)

LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Part A : 20 teaching units**
 - The basic part consists of three weekends each with 20 hours.
 - The first part (A1), corresponding to block A of the Special Pain Therapy, provides **basic knowledge on pathogenesis, diagnostics and therapy**. Because of the basics taught in **Part A, this should always be completed as a first part**. Central content is the imparting of knowledge to mental disorders with key **symptom pain and psychosomatic interrelations in chronic pain**.
 - The second part (A2), corresponding to block B, deals with the content topics of **neuropathic pain and headache**.
 - The third part (A3), corresponds to block D of the curriculum special pain therapy and deals with the **topics of musculoskeletal pain, back pain, shoulder-neck pain, muscle pain, multifocal pain and fibromyalgia syndrome and pain in joint disease**.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Part B : 15 teaching units**
- Part B is divided into three weekends with 15 lessons each.
- In terms of content, competences for **diagnosis and differential diagnosis**, but especially for disorder-specific individual and group therapy,
- Pain management and relaxation procedures for pain are taught.

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION SOCIETY

- **Part C**
- This part covers the **practical activity**, the independent treatment of patients with chronic pain of different etiology.
- Proof of treatment is required for 20 cases with diagnosis and differential diagnosis, including at least three individual therapies or one single and one group therapy under supervision (C2).
- The proof is provided by written case reports (C2). Supervision should include at least 20 supervision sessions (conducted as a single or group supervision, C1).

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LEGISLATION OF MANUAL MEDICINE-PAIN REGULATION ASSOCIATION

- Das Curriculum Psychosomatische Schmerztherapie besteht aus drei Teilen (A, B, C).
- **Teil A**
 - Der Grundlagenteil umfasst drei Wochenenden mit jeweils 20 Unterrichtseinheiten (UE).
 - Im ersten Teil (A1), entsprechend des Blocks A der Speziellen Schmerztherapie, wird Grundwissen zur Pathogenese, Diagnostik und Therapie vermittelt. Wägely der im Teil A verteilten Grundlagen sollte dieser auch immer als erster Teil absolviert werden. Zentraler Inhalt ist das Vermitteln von Wissen zu psychischen Störungen mit Leitsymptom Schmerz und psychosomatischen Wechselbeziehungen bei chronischem Schmerz.
 - Der zweite Teil (A2), entsprechend Block B, behandelt inhaltlich die Themen neuropathischer Schmerz und Kopfschmerz.
 - Der dritte Teil (A3), entspricht Block D des Curriculums Spezielle
- Schmerztherapie und befasst sich mit den Themen muskuloskeletale Schmerzen, Rückenschmerzen, Schulter-Nackenschmerzen, Muskelschmerzen, muskuloskeletale Schmerzen und Fibromyalgiesyndrom sowie Schmerzen bei Gelenkerkrankungen.
- **Teil B**
 - Teil B ist in drei Wochenenden mit jeweils 15 UE gegliedert. Inhaltlich werden Kompetenzen zur Diagnostik und Differenzialdiagnostik, insbesondere aber zur abwägungspräferenzen Einzel- und Gruppentherapie, Schmerzbehandlung und Einsatzmöglichkeiten für Schmerz vermittelt. Veranstaltungsort ist Wiesbaden.
- **Teil C**
 - Dieser Teil umfasst die praktische Tätigkeit, die eigenständige Behandlung von Patienten mit chronischen Schmerzen unterschiedlicher Ätiologie. Es sind Behandlungssitzungen für 20 Fälle mit Diagnose und Differenzialdiagnose gefordert, darunter mindestens drei Einzeltherapien oder eine Einzel- und eine Gruppentherapie unter Supervision (C2).
 - Der Nachweis erfolgt über schriftliche Fallberichte (C2). Die Supervision sollte mindestens 20 Supervisionsitzungen (als Einzel- oder Gruppensupervision durchgeführt, C1) umfassen.

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