

# Dr Nicholas Straiton CV 2023



Name: **Dr Nicholas Straiton**

**MB, BS, FRCS, DM-SMed, MLCOM, Dip Med Acu, PGcert AT**

**Musculo-Skeletal Physician**

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**Education:** Cranleigh School, Guildford, Surrey

12 O levels

AO Spanish

4 A levels Biology, Physics, Chemistry, Spanish

Medical School: Charing Cross Hospital ,University of London

## Qualifications:

MB, BS 1979 University of London  
FRCS 1984 Royal College of Surgeons (England)  
LCOM 1989 London College of Osteopathic Medicine  
DM-SMed 1993 Society of Apothecaries  
Dip Med Ac 2012 University of Hertfordshire  
PGCert AT 2017 British Autogenic Society

I received the 'Attestation D'autorisation d'user du titre D'osteopathe'in January 2011 which grants me the privilege to practice as an Osteopath in France.

Tai Chi Shibashi level one instructor. 2018 Tai Chi Qigong and Feng Shui Institute

## Hospital Appointments

Aug 1979-Jan1980 House Surgeon. Thoracic and General Surgery. King Edward VII Hospital, Midhurst, West Sussex.

Feb1980-Jul 1980 House Physician. Cardiology and General Medicine, Charing Cross Hospital

Aug 1980-Jan 1981 Casualty Officer, St James Hospital, Balham

Jan 1981-Jan1983 SHO Surgical Rotation, Charing Cross Hospital

Feb 1983-Jul 1983 SHO Surgery, Musgrove Park Hospital, Taunton

Aug 1983-Jan 1984 SHO General Surgery, Weston Super Mare

Feb1984-Jul 1984 SHO Orthopaedics, Winford Orthopaedic Hospital, Bristol

Aug 1984-Sept 1985 Registrar Orthopaedics, Maidstone Hospital

Oct 1985-Oct 1986 Registrar Orthopaedics, St Mary's Hospital, London

Nov 1986-Dec1987 Registrar Orthopaedics, St Charles Hospital, Exmoor St, London.

January 1988-Oct 1993 Part Time Assistant General Practice, Lillie Rd Surgery, Fulham

May 1989-Oct 1991 Part Time Assistant Osteopathy to Dr A Stoddard, School House, Oving

Oct 1993-March 1999 Orthopaedic Physician, Lillie Rd Surgery, Fulham

1995-2000 Orthopaedic Physician

1995-2000 Orthopaedic Physician, Sports injury Clinic, 71 Park St, London W1.

1995-2009 Orthopaedic Physician (Locum Consultant), Royal Sussex County Hospital, Brighton

2009-2011 Associate Specialist in Orthopaedics, Royal Sussex County Hospital, Brighton

2013- Musculoskeletal Physician, Royal London Hospital for Integrated Medicine

From 1996 I managed the Back Pain Assessment Clinic at the Brighton and Sussex University Hospitals Trust. The clinic saw approximately 3000 referral per annum. As well as my clinical duties I also supervised two extended scope practitioners working in the clinic. I worked closely with the Spinal surgeons and the Pain Medicine team whose Clinical Governance proceedings I participated in. As well as treating the patients when indicated by Spinal manipulation and acupuncture I also provided a weekly spinal injection service which involved the administration of epidural, facet joint and sacro-iliac injections under fluoroscopy.

### Current Position

Since 2013 I have been working for the NHS as a Musculo-skeletal physician at the Royal London Hospital for integrated Medicine, employed by THE University College of London Hospitals Trust. Since 2017 I have also been working there as an Autogenic Therapist.

### Sports Medicine

During my training in Orthopaedic surgery I acquired experience in the treatment of acute sporting injuries. I subsequently worked at the Park Street Clinic in London for a number of years where I was involved in the medical care of professional athletes.

I have worked as a locum at a busy Sports Medicine Clinic in Hamilton, Bermuda from 2012 to 2015.

From 2013 to 2018 I worked at the Blackberry Clinic in Brighton.

I have been the medical officer for the Zambuca Tigers CC since 2001.

I have published in the British Journal of Sports Medicine.

## PUBLICATIONS

- Straiton N, Sterland J. Can sponsored jumps cause pain for months?  
Br J Sports Med. 1986 June; 20(2): 60–61.
- Straiton N. Fractures of the lower vertebral column in ankylosing spondylitis. Br J Clin Pract. 1987 Sep;41(9):933-4.
- The relevance of childhood developmental factors to the efficacy of acupuncture on the affective component of back pain. Acupunct Med 2009;27:180-182
- BAS Spring Newsletter 2018 The Human Function Curve revisited
- BAS Autumn Newsletter 2018 AT Hospital Audit

Various short articles published TODAY, British Association of Sports and Exercise Medicine

## TEACHING EXPERIENCE

Anatomy Demonstrator Charing Cross Hospital 1981-82

Clinical teaching to Medical students, Junior Hospital Doctors and Nurses whilst on surgical rotation at Charing Cross and St Mary's Hospital. Teaching of medical students whilst working for BSUH.

Lecturer Orthopaedics/Radiology European School of Osteopathy.

1995-1998

## CURRENT TEACHING

Tutor in Osteopathy London College of Osteopathic Medicine

I have been involved in the training of Extended Scope Practitioners whilst working at the Brighton and Sussex Universities Trust as well as clinical teaching to Medical students at the Brighton and Sussex Medical School.

I have Lectured on local GP refresher courses and trainee programmes.

## PROFESSIONAL MEMBERSHIP

GMC

Medical Defence Union

Royal College of Surgeons

General Council of Registered Osteopaths

British Medical Acupuncture Society

British Autogenic Society

## GOVERNANCE

I have annual appraisal organised by the UCLH trust and was revalidated in 2021