



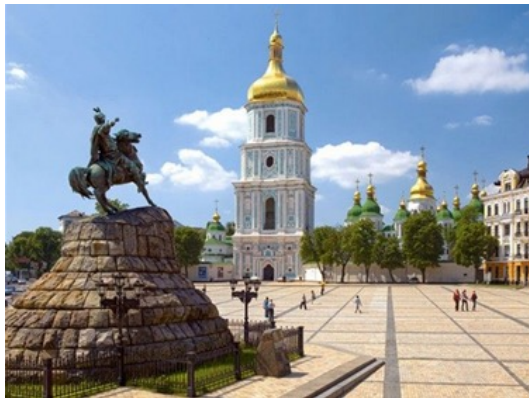
Membership Delegate Reports Advanced Submissions

2021 FIMM General Assembly



Fédération Internationale de Médecine Manuelle

International Federation of Manual / Musculoskeletal Medicine



UKRAINE

**UKRAINIAN ASSOCIATION
OF OSTEOPATHIC AND
CHIROPRACTIC MANUAL
THERAPISTS**

“UAOMT”

www.uaomt.com



2021 FIMM Delegate Report

UKRAINE / Ukrainian Association of Osteopathic & Chiropractic Manual Therapists

- **Number of Societal Members: 85**
 - **Estimated #members (FIMM 300-hr qualification):** now the National Guidelines on basic training is in the process of preparation and we plan to start training in 2022
- **Website: www.uaomt.com**
- **Leadership:**
 - **President – Prof Vitaliy Gubenko, Dr. Sc./**vitaliygubenko@gmail.com
 - **Exec. Director/Secretary – Exec. Director/Secretary – Dr Igor Dovhyi, PhD /**clinic-dovgogo@ukr.net
 - **Education Liaison – Dr Andriy Fedosenko /**andriy.fedosenko@gmail.com
- **Annual Meeting (Date/Site):** annual meeting was cancelled. But it is planned to hold an annual conference in the form of a webinar in December 2021



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- **MM Status in Country** (Respond yes/no for all that apply)
 - Society Certificate (*No*)
 - National certificate (*No*)
 - MM recognized as added qualification (*Yes*)
 - Recognized as specialty or subspecialty (*No*)
 - MM available in some/all medical schools (*Yes*)
 - MM integrated in some/all residency training (*Yes*)
 - MM central in a specialty residency training (*No*)
- **Society Education** (Respond yes/no for all that typically apply)
 - Manual Medicine hands-on workshops (*Yes*)
 - Injection / Dry Needling hands-on workshops (*Yes*)
 - Research distribution/programs (*No*)
 - Journal: does not yet exist



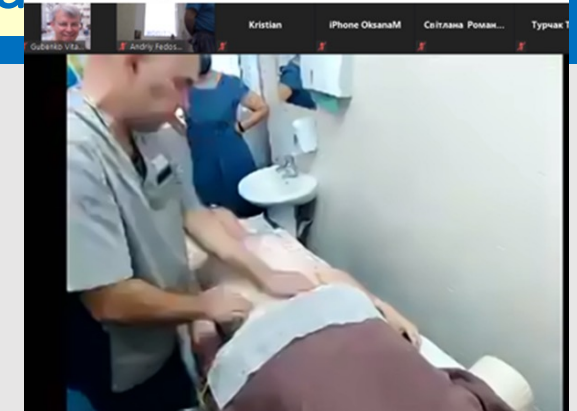
2021 FIMM Delegate Report

UKRAINE / Ukrainian Association of Osteopathic & Chiropractic Manual Theranists

During 2021, each month UAOMT has already held 6 webinars on the topics (March 19, May 13, June 3, July 1 and 29, September 30):

- Imaging in Manual Medicine.
- Imaging methods in patients with mechanical low back pain.
- Causes of the occurrence pain that are mandatory when collecting medical history.
- Prognosis of low back pain. History and physical examination of the lumbar region.
- Treatment of mechanical low back pain: prototype leg pain is greater than back pain.
- Treatment of mechanical pain in the lower back: back pain is greater than leg pain
- Low Back Pain in Pregnancy
- Fundamentals of practical ozone therapy
- Diagnosis and treatment of muscle dysfunction in growing patients
- Myalgic syndrome in the practice of a doctor
- Visceral therapy in Manual Medicine
- Prognosis of Low Back Pain
- Clinical diagnosis of the hip joint pathologies from an orthopedic point of view

The meetings were held only online form (webinar) with using Zoom





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- On May 15, UAOHMT held a master class "Clinical Aspects of Diagnosis and Treatment (Rehabilitation) of Patients with Mechanical Low Back Pain":
 - 1. Features of the use of classical mobilization and manipulation techniques of Manual Therapy.
 - 2. Features of the use of soft techniques of manual therapy (neuro-muscular therapy).





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UAOMT has a plan to provide two Master Classes (each 16 hours) dedicated to teaching of Manual Medicine backgrounds: “Workshop on mobilization and manipulation techniques of manual therapy of the spine and joints” (October 30-31, 2021) and “Workshop on the use of soft techniques in manual therapy” (November 13-14, 2021).





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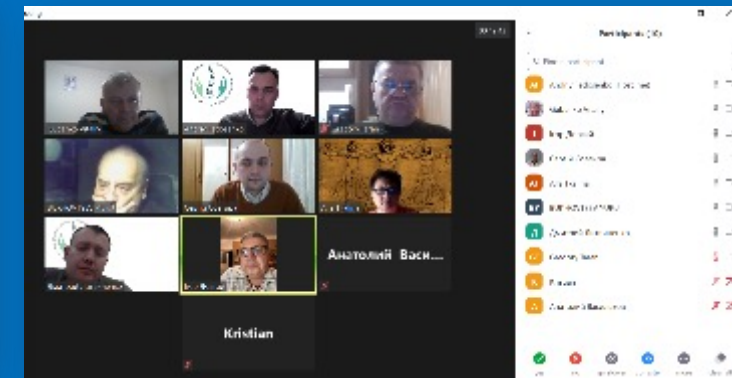
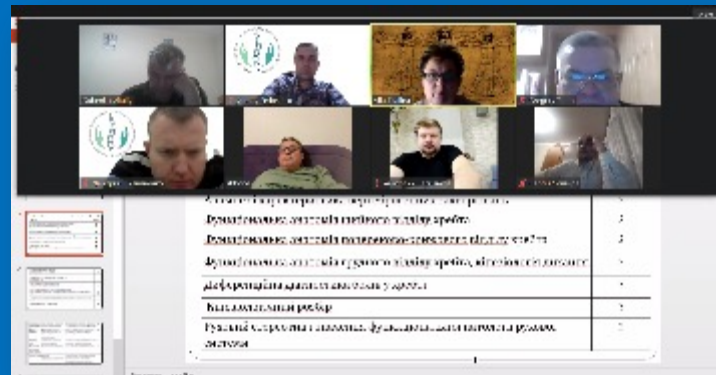
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Project on Education of FIMM

Started from December 2020 and during 2021, the UAOMT:

- Joined the Project on Education of FIMM;
- Began work on developing a Curriculum of 300 hours training in Manual/Musculoskeletal Medicine in Ukraine;
- Formed the Workgroup on Educational program: 7 members and 3 experts which includes various specialties in the field of MM – medical (neurologists, orthopedists-traumatologists, FRM) and non-medical (physical therapists), from different regions of Ukraine.





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Project on Education of FIMM

To date, UAOMT has held 11 working group meetings (remote & f2f):

- Studied the experience of MM specialist training in countries;
- Developed the competencies of MM specialists, the concept and options of the training program; discussed topics of the main sections, training load, duration of training periods, training levels and contingent of educational process;
- Prepared the Draft of 300 hours Curriculum for Ukraine.

Before the end of 2021, the UAOMT plans:

- Discuss the Draft of 300 hours Curriculum with other MM organisations;
- Accept the 300 hours Curriculum under umbrella of UAOMT;
- Inform the Ministry of Health of Ukraine about such initiative.



2021 Societal SWOT Analysis

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Ukrainian Association of Osteopathic & Chiropractic Manual Therapists

➤ Strengths

- The vast majority of members are medical doctors. So, we are following scientific biomechanical and neurophysiology principles
- Enthusiasm, altruism & innovative behavior of members

➤ Weaknesses

- UAOMT currently have limited channels for sharing and disseminating knowledge on M/M Medicine among our Ukrainian colleagues, such as the Journal, Research and Training Center

➤ Opportunities

- The acceptance of M/M Medicine in Ukraine is traditionally good, with a belief in efficacy
- Common trends among the young generation of Ukraine: desire to integrate into international communities; learn foreign languages, etc

➤ Threats

- Deficiency of Law regulation leads to low perceptivity of international diagnostic and treatment standards
- Treatment paradigm among medical society in UA is more pharmacology oriented
- The lack of a specialty in manual medicine in Ukraine creates difficulties in the necessary development