



FIMM

Fédération Internationale de Médecine Manuelle - Internationale Gesellschaft für Manuelle Medizin - International Federation for Manual/Musculoskeletal Medicine

## FIMM NEWS BULLETIN TO THE NATIONAL SOCIETIES

Secretary-General  
JUNE 2007

### FIMM Triennial Congress Suspended; General Assembly Remains September 15

The Triennial FIMM Educational and Scientific Congress scheduled for Zurich, Switzerland in September has been cancelled. The Swiss Medical Association for Manual Medicine (SAMM) feared financial losses after less-than-stellar advanced registrations. Research presentations that had been accepted for this program were offered the opportunity to present at the American Osteopathic Association meeting in San Diego, California from September 29-October 2.

**The FIMM General Assembly remains on September 15 but will convene in Prague, Czech Republic.** The FIMM Education Committee, the Glossary Committee, and the FIMM Executive Board will also meet in Prague on scheduled dates between September 11-17.

For more information, please see [www.fimm-online.com](http://www.fimm-online.com).

### FIMM Academy Elects New Science Board & Education Chairperson in Prague

The FIMM Academy met May 30 - June 2, 2007 in **Prague**. At the General Assembly, **Jacob Patijn, MD, PhD** was again re-elected to the position of Science Board Director. Elected to the Science Board of the FIMM Academy were: **Olavi Airaksinen, MD, PhD** (Finland), **Maxim Bakhtadze, MD** (Russian Federation), **Lothar Beyer, MD** (Germany), **Jens Foell, MD** (UK), **Birgit Juul-Kristensen, PhD** (Sweden), **Michael Kuchera, DO** (USA), **Michael Patterson, PhD** (USA), **Berit Schiottz-Christensen, MD, PhD** (Denmark), and **Jan Vacek, MD** (Czech Republic). **Sergei Nikonov, MD, PhD** was appointed to act as the chairperson of the Educational Science Committee and **Sjef Rutte, MD** was appointed to assume the role of FIMM Academy Secretary.

The Academy's working committees also met in Prague. The **Special Topics Committee** under the direction of Professor Michael Kuchera will establish protocols for a number of conditions including fibromyalgia syndrome. The **General Topics Committee** under the direction of Dr. Schiottz-Christensen will focus on posture and on

pediatric manual medicine. The Committee would also like to build collaborative topics and protocols inclusive of the WHO International Classification of Functioning, Disability, and Health (ICF). The **Efficacy Committee** under the direction of Dr. Airaksinen has finalized the lumbar region and will be starting on safety and efficacy of manual medicine in the cervical region. It was announced that an *International Musculoskeletal Medicine* Journal will evolve from the *Journal of Orthopaedic Medicine* under the editorial lead of **Richard Ellis, MD** and that a FIMM Academy website will progress under the management of **Lars Remvig, MD**.

Providing a significant brain trust for the field of manual and musculoskeletal medicine generally (and FIMM specifically), the FIMM Academy welcomes **nominations** for admission. To obtain more information or to submit an application or nomination, click on the FIMM International Academy section of [www.FIMM-online.com](http://www.FIMM-online.com).

### **Manual Medicine & Aging Research Conference: September 30 – October 2, 2007**

An international Research Conference entitled, **“Chronic Disorders of Aging in the 21st Century: New Insight and Approaches”** will be co-chaired by **Brian J. Balin, PhD** and **Michael L. Kuchera, DO** (Secretary-General of FIMM). The Conference will be part of the 112<sup>th</sup> Annual Convention and Scientific Seminar of the American Osteopathic Association (September 30-October 2) to be held in San Diego, California. The **American Academy of Osteopathy** (the FIMM National Society from the USA) will also conduct a pre-conference workshop, **“OMT without an OMT Table”** as well as a three-day workshop to run concomitant with the Research Conference.

For the first time, physicians from FIMM member nations and the FIMM Academy were invited to submit **abstracts for publication** in the peer-reviewed, *Journal of the American Osteopathic Association (JAOA)*. Subsequently, researchers associated with the **Russian League of Professionals in Manual Medicine** contributed a significant number of abstracts on behalf of FIMM clinical scientists. Those submissions accepted will be presented as posters as an integral part of the Research Conference at the AOA Annual Convention) and the accepted abstracts will be published in the August issue of the *JAOA*.

Typical attendance for the AOA Convention averages 4500 physicians, 2500 guests, and over 1000 exhibitors. For more information or for information about the programs see <https://www.do-online.org> and click on the AOA Research Conference.

### **Fascial Research Congress: October 4-5, 2007**

Scheduled for October 4-5, 2007, the first **Fascia Research Congress** will present the latest and best scientific fascial research from basic and clinical scientists around the globe. FIMM is a “supporting organization” which means that we have backed the conference goals with a formal letter of support. In addition, FIMM makes information about the conference available to our members and associates.

Currently sold out, telemedicine seats are being made available on a first-come, first-served basis. This Congress will take place at The Conference Center, **Harvard Medical School in Boston** (and at designated sites around the city.). Conceived and

organized by a multidisciplinary committee of science researchers and practicing health care professionals whose respective fields share a common focus and interest in the human body's soft connective tissue matrix, the Congress will be the first international conference **dedicated to fascia in all its forms and functions**. (See [www.fascia2007.com](http://www.fascia2007.com) for the complete agenda and other details.)

### **General Updates on FIMM National Societies**

**France:** The Société Française de Médecine Manuelle Orthopédique et Ostéopathique (SOFMMOO) will hold their annual meeting **December 7-8, 2007 in Paris**. The topics will focus on manual medicine and osteopathic approaches to patients with Lumbago and to patients with problems affecting the Knee. Jean-Yves Maigne, MD will serve as the president of the congress; the president of SOFMMOO is Jehan Lecocq, MD. A special guest presenting at the Congress will be **FIMM President, Wolfgang von Heymann, MD**.

See the French society's webpage at [www.sofmmoo.com](http://www.sofmmoo.com) for more information about the Conference.

**New Zealand:** The NZAMSM will join with the Australian Association of Musculoskeletal Medicine (AAMM) for a Combined Conference entitled, ***"Muscling in on the Tendon: Practical Management of Tendon Disorders."*** To learn more about this conference to be held, August 2-5, 2007 in Palmerston North, New Zealand see their conference flyer: <http://www.musmed.com/NZAMM%202007%20Conference.pdf>

**United Kingdom:** The British Institute of Musculoskeletal Medicine (BIMM) and the Society of Orthopaedic Medicine will co-host a meeting in **London from November 30-December 1, 2007**. This symposium aims to consider best practice when deciding whether to manipulate or not, inject or not, and how to treat that stubborn tendinopathy. Abstracts are due November 1<sup>st</sup>. For more information see the conference website: <http://www.bimm.org.uk/uploads/SOM%20Symposium%202007%20Prog.pdf>

**United States of America:** The president of the American Osteopathic Association, **John Strosnider, DO** died June 21, 2007 after a short but intense battle with cancer. Just within the last few months, Dr. Strosnider had met with the leadership of the American Academy of Osteopathy to discuss issues of mutual interest including faculty development, fellowships in manual medicine, pandemic preparedness, and practice guidelines for OMT. Dr. Strosnider was the 110<sup>th</sup> president of the AOA and the Dean of the Pikeville College School of Osteopathic Medicine. The new president installed is Peter Ajluni, DO, a board-certified osteopathic orthopedic surgeon from Michigan.

### **A Special Note on Activities in the Lives of Friends in the FIMM Family**

ENDOWMENT FOR PALPATORY DIAGNOSTIC & THERAPEUTIC STUDIES: The Osteopathic Heritage Foundation (OHF) recently awarded a \$2 million grant to A.T. Still University's Kirksville College of Osteopathic Medicine (ATSU-KCOM) in support of the Still Research Institute (SRI), directed by Brian Degenhardt, DO. The grant, which was matched by an additional \$2 million from ATSU reserves, will create the \$4 million Osteopathic Heritage Foundation Research Endowment in Kirksville Missouri. The interest monies generated by this endowment will support osteopathic research and

education efforts at the **Center for Osteopathic Palpatory Diagnostic and Therapeutic Studies** at SRI with a special focus on studying the nature of somatic dysfunction, inter-examiner reliability, and the effect of manual medicine in patient care.

**MULTICENTER OSTEOPATHIC PNEUMONIA STUDY IN THE ELDERLY (MOPSE):** This multi-center osteopathic clinical trial was designed to evaluate the efficacy of adding osteopathic manipulative treatment (OMT) to standard care for elderly patients hospitalized with pneumonia. This three-year study was a five-site, randomized, double-blinded, prospective, controlled, hospital-based clinical trial. There were a total of 3,426 patients screened and 406 subjects enrolled in the study from March 1, 2004, through February 21, 2007. The protocol treatments were provided by 20 specialists in Osteopathic Manual Medicine and 77 residents specifically trained to perform the study's protocol by Dr. Donald Noll, principal investigator, and Dr. Brian Degenhardt, co-investigator of the project. The final post-study surveys were completed at the end of April, 2007 and the database was just locked this past month. The **multi-center osteopathic pneumonia study in the elderly (MOPSE)** is the first large-scale, multi-center rigorous trials evaluating the efficacy of adjunctive OMT to improve outcomes for an infectious, disease-related condition. An article reporting the main outcomes of the study is anticipated to be submitted for peer review by November of 2007.

**RECOMMENDED 2<sup>ND</sup> EDITION TEXT (2006) BY ROBERT MAIGNE:** The 480-page text, ***DOULEURS D'ORIGINE VERTÉBRALE: Comprendre, diagnostiquer et traiter***, ("*Pains of Vertebral Origin. Understanding, Diagnosing and Treating*") by Robert Maigne, MD is available from Elsevier Masson. An English version, ***Diagnosis and Treatment of Pain of Vertebral Origin***, edited by Walter Nieves is also available. The section on the use of manual techniques provides a bridge between the medical treatment paradigm and practitioners who use manual approaches. Dr. Maigne is a co-founder and past president of FIMM and this work is based upon his long experience in the field of manual medicine. See <http://france.elsevier.com/html/detlivre.cfm?code=CDV> or <http://search.barnesandnoble.com/booksearch/isbnInquiry.asp?z=y&endeca=1&isbn=0849331218&itm=12>

**NEW OSTEOPATHIC TECHNIQUE ATLAS (2007):** The 506-page ***ATLAS OF OSTEOPATHIC TECHNIQUES*** by Alexander and Evan Nicholas has just been released by Lippincott, Williams & Wilkins. Over 1, 250 full-color photographs and illustrations provide step-by-step instructions for 368 osteopathic manipulative techniques. This text which is now available from Amazon.com is especially recommended for those manual medicine members of the MWE and ÖÄMM who are participating in the osteopathic courses in collaboration with the Philadelphia College of Osteopathic Medicine (PCOM). See <http://connection.lww.com/productarea.asp?area=4016>

**Boyd R. Buser, DO**, has been appointed by the American Medical Association (AMA) Board of Trustees to the ***Current Procedural Terminology (CPT)*** Editorial Panel. This is a very significant achievement for both osteopathic and manual medicine advocacy in the areas of coding and reimbursement. Dr. Buser is the first DO ever to be appointed to this prestigious panel. A past-president of the American Academy of Osteopathy, Dr. Buser has served as the American Osteopathic Association's CPT Advisor to this committee for the past several years.